

SHLV-Terminplan 2023

Stand: 10.05.23

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|--------------|--|-----|----|---------------------------------------|----------------------|
| Januar | Ferien SH bis 07.01. /HH bis 06.01. | | | | |
| 07/08 | | | | | |
| 14/15 | | | LM | M/F, U18 | Hamburg |
| 21/22 | | | LM | Jugend U20/U16 | Hamburg |
| 21/22. | DM | | | Mehrkampf alle Klassen | Leverkusen |
| 22. | EM | | | Marathon Senioren | Funchal (POR) |
| 28/29 | | | | | |
| Februar | | | | | |
| 04/05. | | NDM | | Halle M/F, U20 | Neubrandenburg |
| 11./12 | | NDM | | Winterwurf alle AK | Berlin |
| 11/12 | | | LM | Mehrkampf/Senioren | Hamburg |
| 18/19 | DM | | | Halle M/F | Dortmund |
| 25/26 | DM | | | Winterwurf M/F,U20/U18 | Halle/Saale |
| 25./26. | DM | | | Jugend | Dortmund |
| Absage | DM | | | Senioren mit Winterwurf | NN |
| März | Ferien HH 06.-17.03. | | | | |
| 02.-05. | EM | | | Halle | Istanbul (TUR) |
| 05. | | | LM | Block | Malente |
| 11/12 | | | | | |
| 18/19 | | | | | |
| 26. | DM | | | Halbmarathon | Freiburg |
| 26.03-01.04. | EM | | | Halle Senioren | Torun (POL) |
| April | Osternferien SH 06.-22.04. / HH - | | | | |
| 01/02 | | | | | |
| 07.-10. | | | | Ostern | |
| 15. | DM | | | Straßengehen | Erfurt |
| 22/23 | | | | | |
| 29. | DM | | | Berglauf | Bühlertal |
| 29. | DM | | | Langstaffeln | Bietigheim-Bissingen |
| Mai | Himmelfahrt SH 18.-21.05./HH 15.-19.05 | | | | |
| 01. | | | LM | 5/10km Straße | Kaltenkirchen |
| 06. | DM | | | Langstrecke 5000/10000m | Mittweida |
| 07. | | | LM | LM Langhürden | HH |
| 13 | | | LM | Halbmarathon | Itzehoe |
| 13/14 | | | LM | Langstaffeln (im Rahmen KM/Sportfest) | SH/HH |
| 13/14 | | NDM | | Mehrkampf | Papenburg |
| 14. | | NDM | | Hammerwurf Senioren | Jüterbog |
| 18. | | | | Himmelfahrt | |
| 20/21 | | | | | |
| 28. | | NDM | LM | Hindernis | Zeven |
| 27/28/29 | | | | Pfingsten | |
| Juni | | | | | |
| 03/04. | | | LM | U20/16 | Hamburg |
| 10/11. | | | LM | M/F/U18 | Büdelsdorf |
| 17/18. | | NDM | | U20/U16 | Hamburg |
| 23.-25. | EM | | | TEAM-EM | Chorzów (POL) |
| 24. | DM | | | Bahngehen | |
| 24/25 | | NDM | | M/F/U18 | Lübeck |
| 24/25. | | | | Juniorengala | Mannheim |
| 30.06. | | | | JtFO Zentralveranstaltung | Kiel |

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| Juli Sommerferien SH 17.07.-26.08. / HH 13.07.-23.08. | | | | | |
| 01./02. | DM | | | Junioren U23 | Göttingen |
| 01./02. | | | LM | Mehrkampf / Langstrecken | Kiel |
| 08. | | | LM | Block + Talensichtung | Lübeck |
| 09. | | | LM | Senioren | Kiel |
| 08/09. | DM | | | Männer/Frauen | Kassel |
| u.V. 15. | | | LM | Mixed-Staffeln | NN |
| 13.-16. | EM | | | U23 | Espoo (FIN) |
| 21.-23. | DM | | | Jugend U18/20 | Rostock |
| 23-29. | EM | | | EYOF | Maribor (SLO) |
| 29./30. | DM | | | Jugend U16 | Stuttgart |
| August Sommerferien SH 17.07.-26.08. / HH 13.07.-23.08. | | | | | |
| 05/06 | | | | | |
| 07.-10. | EM | | | U20 | Jerusalem (ISR) |
| 12/13. | DM | | | Senioren | Mönchengladbach |
| 19/20. | | | | | |
| 19.-27. | WM | | | Männer/Frauen | Budapest (HUN) |
| 26. | DM | | | TEAM DM Senioren | Troisdorf |
| 26/27 | | | | | |
| 26. | | | LM | Senioren Wurf-MK | Preetz |
| o.T. | | | LM | Senioren MK | KLV NF |
| September | | | | | |
| 01.-03. | DM | | | Mehrkampf alle Klassen | Hannover |
| 03. | | | LM | LM Marathon | Flensburg |
| 09. | | NDV | | Verbandekampf | Hamburg |
| 09/10 | | NDM | | SeniorInnen | Zeven |
| 10. | DM | | | 10km Straße | Bad Liebenzell |
| 16. | DM | | | TEAM DM Jugend | Berlin |
| 17 | | | LM | Cup | Büdelsdorf |
| 21.09-01.10. | EM | | | Senioren | Pescara (ITA) |
| 23/24. | | | | | |
| 30.09/01.10 | | | | | |
| Oktober Herbstferien SH 16.-27.10./ HH 16.-27.10. | | | | | |
| 01. | DM | | | Marathon | Köln |
| 03 | | | | | |
| 07/08 | | | | | |
| 14/15 | | | | | |
| 21/22 | | | | | |
| 28/29 | | | | | |
| November | | | | | |
| 04/05. | | | | | |
| 11/12 | | | | | |
| 18/19 | | | | | |
| 25. | DM | | | Cross | Perl |
| 25/26 | | | | | |
| Dezember Weihnachtsferien 27.12.22-07.01.2023 / HH 22.12.-05.01. | | | | | |
| 02/03 | | | | | |
| 09/10 | | | LM | Cross | Klintum ? |
| 16/17 | | | | | |
| 23/24 | | | | | |
| Ausfall der DM | | | | Block U16, Senioren MK + Wurf-MK | |